## **TESTIMONIALS**

29:11 has been a blessing for me and my life. It has definitely been eye opening for me. Before I experienced 29:11, I was confused and wasn't sure what God had in store for me. Now I know that i have to trust God's timing and know that it is perfect. God doesn't put obstacles in our life if he knows we can't handle it. 29:11 is amazing for teens and young women. In my opinion it is motivational.

- Grace, age 15

The 29:11 Event was a lot of fun. I can't wait to go next year! I made a dream board and it was so much fun. I learned to accept myself and others and had fun doing crafts. My friend who doesn't go to church had a great time too. I hope she can come next year again.

- Virginia, age 13





## CONTACT US!

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2911GROUP.COM



#### **OUR MISSION**

Our mission is to give young women ages 13-21 hope and a future by increasing their self-esteem and self-worth, raising their social awareness, and helping them realize their potential.

## **OUR VISION**

Build a foundation of faith and hope to sustain young women.

Offer encouragement and guidance to those who are willing to be a part of a support network for a young woman.

Provide opportunities to make connections with other young women and mentors.

Raise social awareness to make giving back part of who young women are in the world.

Positively impact communities through our events and by empowering the young women that live there.



### HOW TO BE INVOLVED

**PRAY** for the efforts of those planning the conferences, for those who will speak, mentor, and interact with the young women, and for the young women who will attend.

#### **DONATIONS**



Donate on our Facebook page



If you would like to make a donation to be used for goodie bags, giveaways, or to be a sponsor at our events, contact us at group2911@aol.com



Select 2911 Group as your charity of choice on Amazon Smile. Amazon will donate .5% of the price of your eligible AmazonSmile purchases to 2911 Group whenever you shop on AmazonSmile.

#### **VOLUNTEER**

Contact us at group2911@aol.com

#### **FOLLOW US ON SOCIAL MEDIA:**







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# WHY SHOULD YOU BE INVOLVED?

By middle school, **40-70% of girls are dissatisfied with two or more parts of their body.** Body satisfaction hits rock bottom between
the ages of 12 and 15.

Obese children are 63% more likely to be bullied regardless of gender, race, family income, social skills, or academic achievement.

The risk of teenage motherhood is **raised by up to 50% among teenage** girls with lower
self-esteem.

63% of girls think the body image represented by the fashion industry is unrealistic and 47% think it is unhealthy. However, 60% say that they compare their bodies to fashion models, 48% wish they were as skinny as the magazines, and 31% of girls admit to starving themselves or refusing to eat as a strategy to lose weight.

24% of high school age teens (age 14-17) and 33% of college age students (age 18-24) have been involved in a form of nude sexting.

In 2005, the risk of major depressive disorder was **13% for teenage girls**. By 2014, it **soared** to move than **17%.** 

